

Advanced Directives

All patients have the right to participate in their own health care decisions and to make advance directives or to execute powers of attorney that authorize others to make decisions on their behalf based on the patient's expressed wishes when the patient is unable to communicate decisions. The surgery center respects and upholds those rights.

However, unlike in an acute care hospital setting, the surgery center does not routinely perform "high risk" procedures. Most procedures performed in this facility are considered to be of minimal risk. Of course, no surgery is without risk. You will discuss the specifics of your procedure with your physician who can answer your questions as to its risks, your expected recovery and care after your surgery/procedure.

Therefore, it is our policy, regardless of the contents of any advance directive or instruction from a health care surrogate or attorney in fact, that if an adverse event occurs during your treatment at this facility we will initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further treatment or withdrawal of treatment measures already begun will be ordered in accordance with your wishes, advance directive or health care power or attorney.

If you do not agree with this policy, please discuss your concerns with your physician.

If you would like official State Advance Directive forms, please inform your physician's office or Northern Plains Surgery Center.

Patient Bill of Rights

The patient, as a consumer, purchases services to meet and fulfill their health care needs. The patient is entitled to certain rights. Access to QUALITY care is recognized as a right, not a privilege, for every human being.

1. The patient shall have the right to considerate and responsible care. The care provided will not be affected by race, color, sex, national origin, disability, age, religion, type of illness, or financial status.
2. The patient can reasonably expect to obtain from his/her diagnosis, treatment, and prognosis in understandable language. If medically inadvisable, the information will be provided to an appropriate person, on his/her behalf.
3. The patient shall have the right to respectfulness and privacy as it relates to his/her medical care program. Case consultation, examination, and treatment are confidential and should be conducted discreetly.
4. The patient shall have the right to consideration of his/her privacy and individuality as it relates to social, religious, and psychological well-being. The patient shall associate and communicate privately with persons of his/her choice.
5. The patient shall have the right to expect the facility to make a reasonable response to his/her request for services.
6. The patient shall have the right to obtain information as to any relationship of the facility to other health care and related institutions insofar as his/her care is concerned.
7. The patient shall have the right to obtain information as to any care which shall include, but not be limited to, what appointment times and physicians are available.
8. The patient shall be fully informed prior to, or at the time of admission, of services available at the facility, and/or related charges, including any charges for services not covered under insurance.
9. The patient shall be afforded the opportunity to participate in planning of his/her medical treatment, and to refuse to participate in experimental research.
10. The patient shall not be arbitrarily transferred or discharged, but may be transferred or discharged only for medical reasons for his/her or other patient's welfare. Reasonable advance notice of any transfer or discharge must be given to the patient.
11. The patient shall be free from mental and physical abuse, and free from chemical and physical restraint, except in emergencies, or as authorized in writing by his/her physician for a specific and limited period of time, and when necessary to protect the patient from injury to him or herself or to others.
12. The patient shall be assured confidential treatment of his/her personal and medical records, and my approve or refuse their release to an individual outside the facility except as otherwise provided by law or third party payment contract.
13. The patient shall retain and use personal clothing and possessions as space and medical conditions permit.
14. The patient shall be fully informed prior to, or at the time of his/her admission and during his/her stay at the facility, of the rights and responsibilities governing patient conduct and responsibilities.
15. Northern Plains Surgery Center, LLC has an indirect ownership relationship with Dr. Bagan, Dr. Bergstrom, Dr. Keating, Dr. Atchison and Dr. Strinden. You have the right to choose an alternative source of service. Please contact your surgeon to obtain a list of sites where your physician has privileges to practice.

The information listed below can be utilized if patients/family members have complaints in relation to the care provided.

The Medicare Beneficiary Ombudsman website is:
www.medicare.gov/claims-and-appeals/medicare-rights/gethelp/ombudsman.html

North Dakota Department of Health
Phone number: 701-328-2352
Division of Health Facilities
Division Director

600 East Boulevard Ave., Dept. 301, Bismark, ND 58505-0200

Where Are We Located?

If you are arriving on I-94 from the East:

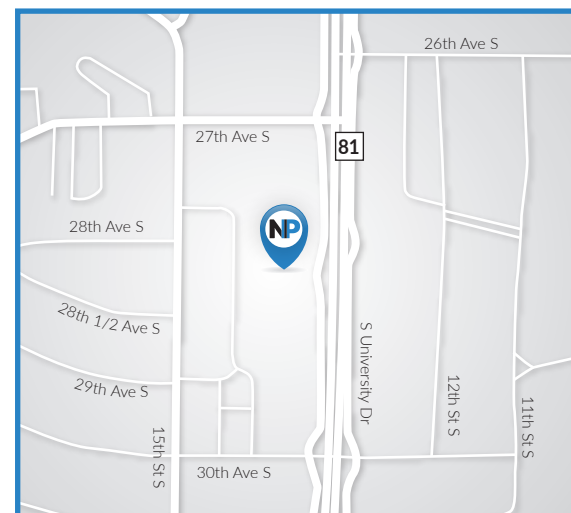
Take Exit 351 for US-81 BUS S/University Dr.
Turn left onto S. University Dr. Continue on S.
University - the parking lot will be on the right.

If you are arriving on I-94 from the West:

Take Exit 63A-B and I-94 E to S. University Dr.
Take the exit toward 351 from I-94 E. Continue on S.
University - the parking lot will be on the right.

If you are arriving on I-29 from the North or South:

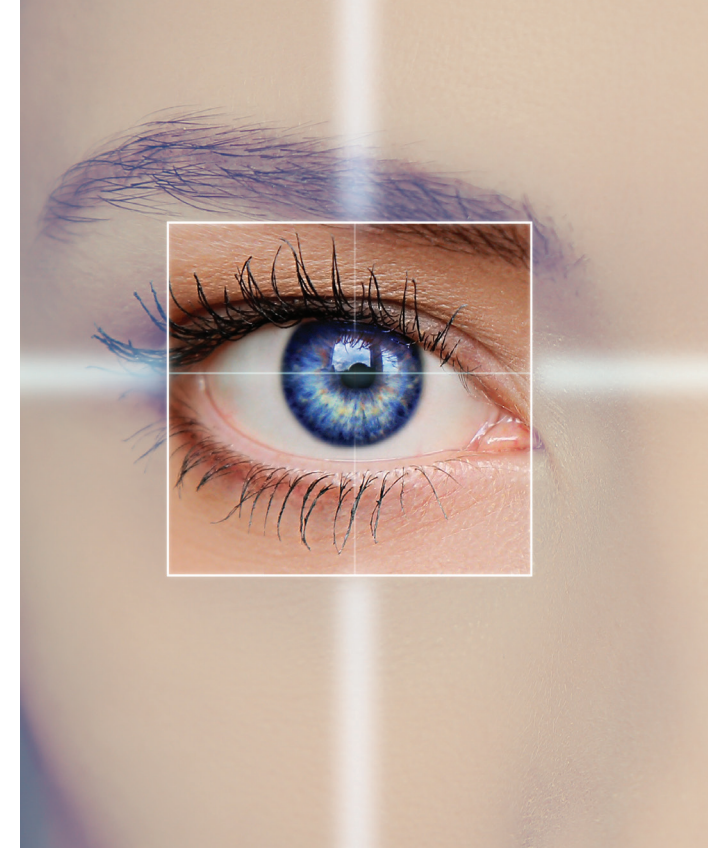
Take 1-29 N/US-81 N to I-94E toward Fargo.
Take Exit 351 for US-81 BUS S/University Dr.
Keep right at the fork and follow signs for US-81 BUS
S/University Dr. Continue on S. University - the
parking lot will be on the right.



NP
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Fargo, ND 58103

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Diet Restrictions Before Surgery

ADULTS

For your safety, it is important that you follow instructions reviewed with you during the pre-op phone call. Failure to do so may cause your surgery to be delayed or canceled.

The surgery center pre-operative nurse will call you 1-2 days prior to your procedure to go over pre-operative instructions and your arrival time the day of your surgery.

Staff will explain specific orders during the pre-operative phone call for eating and drinking restrictions. These restrictions will vary, related to your arrival time. No smoking, vaping or chewing tobacco after midnight.

We will give you a snack, juice, tea or coffee following your surgery.

If you are having a Yag laser, Iridotomy or SLT procedure, there are no diet restrictions. You may eat, drink, and take your medication as you usually would.

INFANTS AND CHILDREN

Infants/children can have milk or infant formula up to 6 HOURS before time of arrival at the surgery center and clear liquids such as apple juice or water up to 2 HOURS before. Example: if the arrival time is for 6:00 AM they could have milk at midnight and 1/2 cup of clear liquid at 4:00 AM.

Instructions For Home Medication Before Surgery

1. The pre-operative nurse will discuss your routine medications with you and advise you on what you should and should not take before your surgery.
2. Insulin dependent diabetics will be given instructions for their insulin use during the pre-op phone call. We will check your blood sugar on arrival at the Surgery Center.
3. Bring only the medications that you would need while you are here, i.e. inhalers and insulin. We also ask that you bring any eye drops associated with your surgery as well.

IMPORTANT INFORMATION TO NOTE DURING YOUR PRE-OPERATIVE PHONE CALL:

Arrival time: _____

Eating/Drinking Restrictions: _____

THINGS TO BRING:

- Insurance cards
- Picture ID
- Yellow evaluation for anesthesia form filled out and signed
- Eye drops related to surgery

General Instructions

- If ill with nausea, vomiting, coughing, bad colds or other illness within 24 hours prior to scheduled surgery, call your physician's office.
- Do not wear jewelry or use make up, aftershave or lotion on your face the morning of surgery.
- Wear a comfortable shirt or blouse with a loose neck. For women, pants instead of a skirt is recommended, but not required.
- Do not bring children with you that would need supervision while you or your child is in surgery.
- Prior to your discharge from the surgery center you will be given take-home instructions and prescriptions for medications if required.

Arrange for a relative or friend to drive you home after your procedure or surgery. **You will not be allowed to drive yourself home.**

- Limit your activities the day of your surgery, and have someone stay with you, if possible.
- If we haven't contacted you by 3:00 PM the day before surgery, please call us at 701-232-9200 or toll-free at 1-877-304-9200.

Billing Information

Your physician may, or may not, have an ownership interest in Northern Plains Surgery Center. You will receive a separate billing from your physician for their services, regardless of any ownership interest. There will also be a separate billing for the facility fee and there may be one for the anesthesia fee.

The facility fee covers all the routine materials, equipment, & nursing services provided for your surgery.

The anesthesia fee is charged to any patient that is monitored in the OR by a CRNA. Patients having Yag laser, Iridotomy or SLT procedure do not have an anesthesia charge.

If you do not have insurance, you will need to pay the fees in advance, or make arrangements to pay them at the time of service. We accept VISA, MasterCard and Discover.

If you have any questions about your billing, you may speak to our insurance and billing specialists from 8:00 AM until 4:30 PM Monday through Friday.

We look forward to caring for you at Northern Plains Surgery Center and will do our best to ensure that your experience with us is pleasant. If you have any questions before your surgery, please call between 8:00 AM & 4:30 PM Monday through Friday at 701-232-9200 or toll-free at 1-877-304-9200.

